



GURUJAN SEVASHARAM

(An Initiative of MUKTI Foundation)

Plot no-568/2352, Mahaveer Bazar, Samantarapur, Old Bhubaneswar, Odisha, India



Many people are unaware of the causes of drug addiction in others or how it happens. They can erroneously believe that drug users are incapable of having moral convictions or self-control and that they can quit using drugs by making the decision to do so. Addiction to drugs is actually a complicated illness, and recovery typically requires more than just willpower or good intentions. Drugs alter the brain in ways that make it difficult for users, even those who wish to, to stop using them. Fortunately, the Mukti Foundation established the Deaddiction Centre to educate people concerning how drug abuse affects the brain and has developed therapies that enable drug addicts to overcome their addiction and enjoy fulfilling lives.

The Mukti Foundation, an acclaimed non-governmental organization, is well known for being one of the best inpatient drug and alcohol detoxification facilities in the heart of Bhubaneswar, Odisha, India. It is dedicated to addressing cases of substance misuse and has been focusing on the prevention and control of alcohol and drug abuse in the state of Odisha. It offers assessment and diagnosis, detoxification, counseling, and medication-assisted therapy. The 12-step addiction treatment strategy, which has been authorized by the World Health Organization, served as the program's design guide. Giving patients the medical, psychological, and educational assistance they require to overcome the impacts of addiction while also assisting them in developing compassion and self-awareness is a top focus for this Foundation. In order to improve our services, the Social Security & Empowerment of Persons with Disabilities

Department (SSEPD), Bhubaneswar, Govt. of Odisha, has given us the task of establishing a second drug de-addiction center under the DISHA program at Palla, Po-Palghat, Plot No. - 1273, Khordha, Odisha, Pin-752056. The center's goal is to offer rehabilitation and de-addiction services to the city of Khordha and its surrounding areas.

It is fundamental to safeguard the rights of senior citizens and stop their exploitation, abuse, and neglect.

There are programs in place to help seniors exercise their rights, receive benefits to which they are legally entitled, and guard against exploitation and abuse. By building the Geriatric Care facility known as Gurujana Sevasharam, the Mukti Foundation aimed to provide a wide range of services to assist elderly people in leading as comfortable and independently as possible.

Our foundation provides family-focused geriatric care and therapy. Our goal is to provide pain relief so that Gurujana and her family can experience joyous and significant moments. Our charity meets the needs of the elderly by listening to their concerns, addressing them, and providing medical, emotional & spiritual support. Our team is available twenty-four hours a day, seven days a week & pays sporadic visits. When needed hospice can help set up 24-hour care.

OUR COMMITMENT:

- ❖ Listen to and hear your concerns.
- ❖ Plan our care according to your goals & wishes.

- ❖ Honor your life experiences & legacy.
- ❖ Respect unique beliefs and philosophy.
- ❖ Respond quickly to after hour and weekend needs.
- ❖ Expertly manage pain and symptoms
- ❖ Support your family's needs as well as yours.
- ❖ Patient/family elect's treatment directed towards symptom relief versus cure for the terminal illness.
- ❖ Patient has insufficient caregiver support.

OUR GERIATRIC TEAM INCLUDES:

- ❖ General practitioner (GP)
- ❖ Specialist of Different Department
- ❖ Trained Nurse
- ❖ Palliative care specialist or physician
- ❖ Counselor or psychologist
- ❖ Spiritual care practitioner
- ❖ Social worker
- ❖ Physiotherapist/Massager
- ❖ Dietitian
- ❖ Housekeeping staffs
- ❖ Volunteer



PATIENT ELIGIBILITY:

- ❖ The patients must be over 60 years
- ❖ Physician has diagnosed a terminal condition with life expectancy of 6 months or less.
- ❖ Offering emergency intervention.
- ❖ Update families of the patient with their health conditions.
- ❖ In serious conditions, patients must be assisted to

- ❖ be shifted to a place with geriatric care facilities or to a hospital.
- ❖ Proper counselling and support should be given to patients.

TREATMENTS FOR GERIATRIC CARE:

- ❖ Older adults who are in different stages of aging and disabilities they face.
- ❖ Frame precise planning and assessments in order to find the exact requirements for the problems and assistance.
- ❖ Screening, organizing and updating with the care & services.
- ❖ Assuring referrals to specialists to prevent extreme problems and also to safeguard.
- ❖ Background check on their financial, legal and medical records.
- ❖ Offering emergency intervention.
- ❖ Update families of the patient with their health conditions.
- ❖ In serious conditions, patients must be assisted to be shifted to a place with geriatric care facilities or to a hospital.
- ❖ Proper counselling and support should be given to patients.

MASSAGE THERAPY:

- ❖ Creates a therapeutic relationship between the professional massage therapist & the patient by facilitating each session following a specialized plan
- ❖ Helps with pain control and anxiety
- ❖ Reduced muscle tension.
- ❖ Improved circulation.
- ❖ Stimulation of the lymphatic system.
- ❖ Reduction of stress hormones.

- ❖ Relaxation.
- ❖ Increased joint mobility and flexibility.
- ❖ Improved skin tone.
- ❖ Improved recovery of soft tissue injuries.
- ❖ Provides mental and physical relaxation, improved sleep, and stress relief

MUSIC THERAPY:

- ❖ Uses live patient-preferred music to patients and families with end-of-life issues
- ❖ Creates a therapeutic relationship between the professional certified music therapist and the patient by facilitating each session following a specialized plan
- ❖ Helps with pain control and anxiety.
- ❖ Provides an opportunity for relaxation and emotional expression.
- ❖ Patient/family elect's treatment directed towards symptom relief versus cure for the terminal illness.
- ❖ Patient has insufficient caregiver support.

HOSPICE AIDE:

- ❖ Provides personal care needs such as bathing, changing linens, shampooing, shaving, etc.
- ❖ Offers light homemaking services.
- ❖ Assists in toileting and patient transfers.
- ❖ Watches for skin care issues.
- ❖ Teaches personal care techniques to families and/or caregivers.

COST PER PERSON:

- ❖ Bed charges @ Rs 250/-per day.
- ❖ Clean@50 per day.
- ❖ Doctor & Nursing charges @Rs250/- per day.
- ❖ Food (liquid/semi liquid/solid)@Rs150/-per day.

- ❖ Energy dense calories food@ Rs 150/-per day.
- ❖ Massage therapy@ 200/-per day
- ❖ Music therapy @Rs 50/-per day
- ❖ {Monthly 12000 on an Average for Non-AC}
- ❖ {Monthly 15000 on an Average for AC}

FACING TOUGH DECISIONS NEAR THE END OF LIFE:

- ❖ When determining if hospice is the right decision, these questions will guide the conversation. Do you/your loved one want:
- ❖ Artificial nutrition and hydration (whether or not to have a feeding tube or intravenous fluids)
- ❖ Cardiopulmonary Resuscitation (CPR) (whether or not to restart the heart if it stops beating)



CONTACT ADDRESS:

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